



## OPTIONAL SHORE EXCURSIONS

---

### KRISTIANSAND, NORWAY NAVIGATOR® JUNE 21, 2024

#### **Welcome Ashore!**

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

#### **Shore Excursion Points of Distinction**

Professional English-speaking experts to guide you through your journey. Peace of mind knowing that your excursions are monitored by the ship's staff. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

#### **Reserve Your Excursions Online!**

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website [www.rssc.com](http://www.rssc.com) offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit [www.rssc.com](http://www.rssc.com) today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

# SHORE EXCURSIONS

## OLD KRISTIANSAND & THE CANNON MUSEUM

### HIGHLIGHTS

- Enjoy a guided walk through the Posebyen neighborhood, gem of Kristiansand’s Old Town.
- Be utterly charmed by Northern Europe’s largest collection of low, wooden period houses.
- Travel by coach to Kristiansand Cannon Museum to be awed by its star attraction, Vara Battery.
- Come face-to-barrel with one of the world’s biggest guns ever, once able to shoot a half-ton shell some 35 miles.
- The tour also includes a visit to the exhibits and bunkers beneath the cannon.

### DESCRIPTION

Take a guided walk through an Old Town neighborhood of small wooden houses, then drive out to the site of a giant concrete and steel coastal gun. This study in contrasts begins with your stroll through historic Posebyen, a signature Kristiansand neighborhood well known for its street grid laid out in a strict right-angle arrangement that has earned it the nickname “the quadrature.” The well-tended, white wooden houses lining these streets along the River Otra are fortunate survivors of a fire that ravaged Kristiansand in the 1890s. After an enjoyable amble here, you’ll shift tempo with a drive to visit the Kristiansand Cannon Museum, out on a green peninsula. The star attraction here is Vara Battery, built by the Wehrmacht after their invasion of Norway in 1940. Together with similar big guns mounted across the Skagerrak Strait in Denmark’s Jutland, this monster Krupp cannon was tasked with protecting vital shipping lanes that connect the North and Kattegat Seas. One of the largest cannons ever built, weighing in at 337 tons with a 65-foot barrel and 35-mile range, it reverted to Norwegian hands after the war. These days, it’s decommissioned and pointed squarely at nothing. But, wow.

### HELPFUL HINTS

- Wear casual, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

---

APPROX. DURATION:

**3.0**  
HOURS

TOUR CODE:

**KRS-005**  
**FREE**

TOUR TYPE

**N/A**

ACTIVITY LEVEL



OPTIONS

**N/A**

---

## HOLLEN, SOGNE & THE VEST AGDER OPEN AIR MUSEUM

### HIGHLIGHTS

- Enjoy a half-day of panoramic sightseeing with plenty of opportunities to stretch your legs outdoors.
- See the orderly architecture of Kristiansand's town center, laid out centuries ago in a precise grid.
- Walk among turf-roofed farm cottages transplanted to the grounds of Vest-Agder Open Air Museum.
- Travel out of the city to the coast where you'll stroll Hollen's fisherman's row and visit Sogne Old Church.
- Take a scenic spin along Norway's southern fringe, dotted with islands and seductive holiday homes.

### DESCRIPTION

Take a drive through Kristiansand, visit a fascinating Open Air Museum, sightsee in Sogne and skim along the southern Norway coast. This tour spends part of its time in panoramic mode and the rest out in the fresh Norwegian air. You'll start out with a scenic drive through central Kristiansand, its streets arranged in a tidy grid and lined with everything from historic white wooden houses to sleek modern buildings. Step out to take in the fascinating Vest-Agder Open Air Museum on a guided amble among more than 30 rustic homes and farm cottages that have been relocated here from surrounding regions. Weathered wood and growing roofs are plentiful, as is the charm. Back on the road, you'll travel to coastal Sogne for a walk through Høllen, a quaint string of fishermen's cottages lined up along the harbor. A later stop at Sogne Old Church, one of Norway's oldest half-timbered house of worship, reveals an interior richly adorned with Renaissance and Baroque decorations. The route chosen for the return drive to Kristiansand hugs the southern coast, giving you lots of chances to admire the idyllic summer-houses where lucky Norwegian families spend their holidays.

### HELPFUL HINTS

- Wear casual, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

### DISCLAIMER:

*This tour includes approximately 90 minutes of walking, some over uneven ground, with a few steps to negotiate. The tour is not considered suitable for wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sites viewed or visited may vary.*

---

APPROX. DURATION:

**3.0**  
HOURS

TOUR CODE:

**KRS-001**  
**FREE**

TOUR TYPE

**N/A**

ACTIVITY LEVEL



OPTIONS

**N/A**

---

## HOLLEN, SOGNE & THE VEST AGDER OPEN AIR MUSEUM - SMALL GROUP

### HIGHLIGHTS

- Enjoy a half-day of panoramic sightseeing with plenty of opportunities to stretch your legs outdoors.
- See the orderly architecture of Kristiansand's town center, laid out centuries ago in a precise grid.
- Walk among turf-roofed farm cottages transplanted to the grounds of Vest-Agder Open Air Museum.
- Travel out of the city to the coast where you'll stroll Hollen's fisherman's row and visit Sogne Old Church.
- Take a scenic spin along Norway's southern fringe, dotted with islands and seductive holiday homes.

### DESCRIPTION

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide.

Take a drive through Kristiansand, visit a fascinating Open Air Museum, sightsee in Sogne and skim along the southern Norway coast. This tour spends part of its time in panoramic mode and the rest out in the fresh Norwegian air. You'll start out with a scenic drive through central Kristiansand, its streets arranged in a tidy grid and lined with everything from historic white wooden houses to sleek modern buildings. Step out to take in the fascinating Vest-Agder Open Air Museum on a guided amble among more than 30 rustic homes and farm cottages that have been relocated here from surrounding regions. Weathered wood and growing roofs are plentiful, as is the charm. Back on the road, you'll travel to coastal Sogne for a walk through Høllen, a quaint string of fishermen's cottages lined up along the harbor. A later stop at Sogne Old Church, one of Norway's oldest half-timbered house of worship, reveals an interior richly adorned with Renaissance and Baroque decorations. The route chosen for the return drive to Kristiansand hugs the southern coast, giving you lots of chances to admire the idyllic summer-houses where lucky Norwegian families spend their holidays.

### HELPFUL HINTS

- Wear casual, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

### DISCLAIMER:

*This tour includes approximately 90 minutes of walking, some over uneven ground, with a few steps to negotiate. The tour is not considered suitable for wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sites viewed or visited may vary.*

---

APPROX. DURATION:

**3.0**  
HOURS

TOUR CODE:

**KRS-001SG**  
**€46.00**

TOUR TYPE



ACTIVITY LEVEL



OPTIONS

**N/A**

---

## EXPLORE KRISTIANSAND ON FOOT

### HIGHLIGHTS

- Enjoy a walk through old Kristiansand, its picturesque streets laid out centuries ago in a precise grid.
- Be utterly charmed by Northern Europe’s largest collection of low, wooden period houses.
- Learn about the city’s 17th-century royal founding, and its modern role as a resort destination and gateway to the southern Norway coast.

### DESCRIPTION

Explore colorful Kristiansand, southern Norway’s most cosmopolitan city, on a guided orientation stroll through its Old Town streets. You’ll meet up with your guide at the pier and set off to discover the charms of historic Posebyen, a signature neighborhood of the city. This section of Kristiansand is defined by its grid of streets laid out centuries ago in a strict right-angle arrangement that has earned it the nickname “the quadrature.” Northern Europe’s largest collection of lowrise wooden houses can be found within its boundaries along the River Otra shore. Many are fortunate survivors of a fire that ravaged Kristiansand in the 1890s, and their historical and architectural value has earned the area special heritage status. It’s easy to understand why this has remained such a popular residential area for generations. At the conclusion of this enjoyable amble through some of Kristiansand’s most atmospheric terrain, your guide will escort you back to the pier and your waiting ship.


### HELPFUL HINTS

- Wear casual, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

### DISCLAIMER:

*This tour includes approximately 2 hours of moderate walking, some over cobblestone surfaces. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns.*

---

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
<b>2.0</b> HOURS	<b>KRS-004</b> <b>FREE</b>	<b>N/A</b>		<b>N/A</b>

---

## LILLESAND BY LAND & SEA

### HIGHLIGHTS

- Enjoy a drive past Kristiansand must-see landmarks and through its most picturesque neighborhoods.
- Board a sailing ship in Marvika to cruise the waters that pass between Norway and Denmark, and between the North Sea and the Baltic.
- Be dazzled by scenery that includes sheltered coves, seabirds in flight, fishing boats and wild islets.
- Rejoin the coach for a drive to Lillesand, an exceptionally colorful and charming waterfront town.
- Take a guided walk here or sample its charms on your own, then return to port through lush forest.

### DESCRIPTION

Enjoy a panoramic Kristiansand sightseeing drive, a cruise in its island-dotted waters and a visit to the über-charming resort town of Lillesand. It's a multi-conveyance journey guaranteed to please. The first leg carries you past some of Kristiansand's most famous sights, including rotund Christianholm Fortress and the historic Posebyen neighborhood of narrow streets lined with white wooden houses. A spin through a pair of higher-end residential enclaves brings you to the town of Marvika, where you'll board the sailing ship SS Christiansand and head to sea. Swinging out into the Skagerrak strait that separates Norway from Denmark, you'll be treated to panoramic views that make it clear why Kristiansand made such a natural choice for a harbor. Expect to also see rock-rimmed islets where only wildlife live, fishing boats in motion, seabirds on the wing overhead and picturesque hamlets tucked into protective coves. Back on dry land, settle back into coach excursion mode, entering a landscape of deep-blue lakes, fertile valleys and mountain tunnels enroute to immaculate Lillesand. In this carefree town of red and white wooden houses, inviting boutiques and waterfront cafes, you can opt for a guided walk or just savor some delightful free-wandering time.


### HELPFUL HINTS

- Wear warm, layered clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

### DISCLAIMER:

*Walking on this tour is mainly at guests' discretion during the stop in Lillesand. There are stairs involved in boarding the sail boat. This tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.*

---

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
<b>4.5</b> HOURS	<b>KRS-007</b> <b>€120.00</b>	<b>N/A</b>		<b>N/A</b>

---

## SETESDAL MINERAL PARK

### HIGHLIGHTS

- Enjoy a drive through old Kristiansand, its charming streets laid out centuries ago in a precise grid.
- Leave the urban landscape behind and head toward Evje in the wooded hills of Setesdal valley.
- Visit a unique mineral museum whose vast collection of precious stones is showcased in underground tunnels kept cool at all times.

### DESCRIPTION

Channel your inner rockhound on a trip into wooded countryside to mingle with the minerals at a unique underground museum. Your trip to marvel at some of nature's most colorful and precious creations at Setesdal Mineral Park begins with a drive through Kristiansand town center, its streets arranged in a tidy grid and lined with everything from historic white wooden houses to sleek modern buildings. Leaving the city behind, your coach will journey for about an hour northward towards Evje, passing through a landscape of wooded hills, small lakes and rich farmland. The museum itself sits on a lovely peninsula jutting out into a river and fills a network of subterranean corridors and tunnels created to display its large collection of rare minerals. Amethyst, topaz and rock crystal are among the many that have been found in this mining region's extensive quartz and feldspar veins. To keep these precious stones at ideal humidity and temperature levels, the museum is kept at a constant temperature of 66F year-round. You'll have ample time to admire the exhibitions within this unique museum and to stroll it surrounding park before rejoining your coach for the return drive to Kristiansand.

### HELPFUL HINTS

- Wear weather-appropriate clothing, include a windbreaker or light jacket.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

### DISCLAIMER:

*This tour includes approximately 45 minutes of walking and standing plus any additional walking done at guests' discretion during free time. The tour is available to wheelchair guests who have a collapsible chair, are able to both make their way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of ability before participating.*

---

APPROX. DURATION:

**3.0**  
HOURS

TOUR CODE:

**KRS-002**  
**FREE**

TOUR TYPE

**N/A**

ACTIVITY LEVEL



OPTIONS

**N/A**

---

## RIB ADVENTURE & HIKE

### HIGHLIGHTS

- Zip along the Norway coast, suited up for the open-air RIB ride in goggles and special clothing.
- Pass by countless hidden island coves, lighthouses out on the rocks and forested coastal mountains.
- Disembark at a charming harbor in Ny Hellesund, where you'll head out on foot for an invigorating hike.
- Learn about and explore the fortified complex once known as "Little Gibraltar" – built by German occupiers during WWII.
- Return by RIB to Kristiansand, following a different coastal route in hopes of catching some nice waves.

### DESCRIPTION

Skim along the beautiful Norwegian coast by Rigid Inflatable Boat to Ny Hellesund and walk this charming harbor town with a distinct German accent to its history. After a short walk from the pier you'll be suited up with goggles and special clothing to keep you comfy during this smooth, high-speed ride that threads past a parade of islands off Norway's southernmost shoreline. Expect to see historical lighthouses hanging on for dear life to coastal rocks, vast stretches of the Skagerrak Sea that separates Norway from Denmark, seabirds on the wing overhead and forested mountains rising from the sea. You'll also encounter picturesque little harbors tucked into protective coves, one of which is your destination today. Ny Hellesund was brimming with sailing ships back in the 17th century; today you'll discover it's more filled with holiday cottages and delightful shops as you commence your shoreside walk here. But there's something more to discover here, and it's less tranquil. Occupying Germans built a coastal stronghold here during WWII, fortified with bunkers and buildings that housed hundreds of soldiers who guarded the shoreline with sizable cannons. You'll hike up to have a look at what's left of their bulwark, once known as "Little Gibraltar."

### HELPFUL HINTS

- Wear warm, layered, clothing that is wind and water-proof.
- Flat, waterproof walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

### DISCLAIMER:

*This tour includes approximately 90 minutes of walking that covers just over half a mile and includes uphill stretches to reach the top of the mountain. The tour is not available to wheelchair guests, pregnant women, or those with mobility concerns or back problems. The tour is not recommended for those prone to motion sickness.*

---

APPROX. DURATION:

**2.5**  
HOURS

TOUR CODE:

**KRS-006**  
**€166.00**

TOUR TYPE

**N/A**

ACTIVITY LEVEL



OPTIONS

**N/A**

---



## SHUTTLES TO TOWN

### DESCRIPTION

To ensure that your shoreside experiences are as convenient and enjoyable as possible, we are delighted to offer a complimentary shuttle between your ship and the city center in every port where the ship is not docked within walking distance of the city center. This service runs continuously, aligning perfectly with your ship's in-port schedule. Best of all, there's no need to reserve your seat in advance. Simply make your way to the designated stop to board your shuttle, and you'll be whisked away to the heart of the city. Additional information and schedules can be obtained by visiting the onboard Destination Services Desk during your voyage.

---

APPROX. DURATION:

**0.0**  
HOURS

TOUR CODE:

**KRS-STT**  
**FREE**

TOUR TYPE

**N/A**

ACTIVITY LEVEL



OPTIONS

**N/A**

---

# GENERAL INFORMATION

## WHATS IS INCLUDE?

### **Transportation:**

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

### **Meals and Refreshments:**

Included when indicated in the tour description.

### **Guides:**

Licensed, English-speaking, local guides accompany all tours, where available.

### **Entrance Fees:**

Tours include all required admission fees, where applicable.

### **What Should I Wear?**

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

### **Cancellations and refunds**

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

### **Prices, Itineraries and General Information**

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

### **Please Note**

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

### **IMPORTANT INFORMATION**

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

### **NOTICE:**

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.